



# COUNSELOR CONNECTION

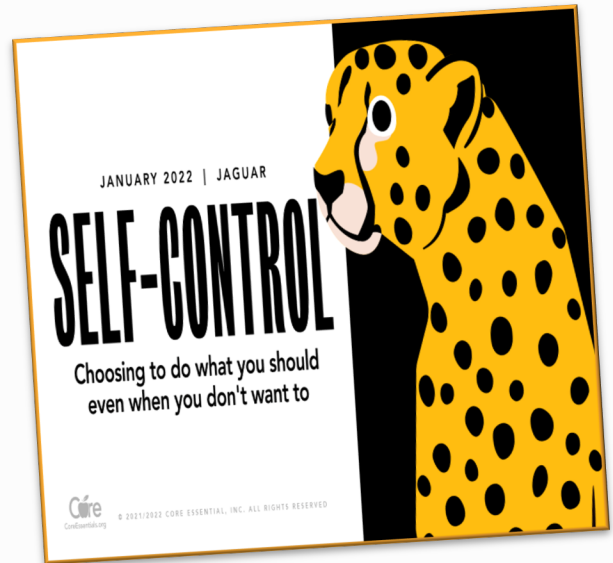


## CHARACTER TRAIT OF THE MONTH: SELF CONTROL

### DATES TO REMEMBER

MLK JR. DAY  
JAN. 17- NO SCHOOL

UPCOMING:  
5TH GRADE MIDDLE SCHOOL VISITS (FEB. AND MARCH)  
5TH GRADE COURSE SELECTION: MARCH



**Happy New Year!**

Our new **CoreEssentialValues** character trait for the month of January is **Self- Control**! Our HRE Mustangs will be learning all about Self-Control by hearing daily announcements, and receiving classroom lessons. During our guidance lessons, we discuss self control and how it can

Our monthly **CoreEssentialValues** guidance lessons directly correlate with the FBISD Profile of a Graduate Mission. By practicing **Self-Control**, we will become **equipped with skills for life, critical thinkers and effective communicators**; as these are district goals that we model and teach each day! Keep Learning Mustangs!



# 5th Grade Gifted and Talented Information

The GT Academy (Middle School) Coordinator will visit with our 5th graders on 1/18/2022 to share information about the GT Academy. There is a parent session on January 25th, please click the link below to join!

**January 25, 2022 6:00 – 7:30 PM:** Virtual GTA Information Night

**REMINDER LINK:** <http://evt.mx/Ka3UVZ8j>

Open to all. No need to RSVP. Recording will be posted on the GT Academy website.

Microsoft Teams Link: <https://bit.ly/gtamainroom>

Please note; this is only for **current 5th grade students who have been identified as G/T.**

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## Parent Webinar

**Topic:** Webinar: January 26, 2022- Healthy Minds and Healthy Habits: How to Support Your Child's Mental Health

**From:** Coordinator of Mental Health/Social Work Services

**Description:** As part of the Whole Child Health initiative, Fort Bend ISD will present the parent webinar, "Healthy Minds and Healthy Habits: How to Support Your Child's Mental Health," on Wednesday, January 26 at 6 p.m. Click the Zoom link to join the webinar. Registration is not required for this event. This session will focus on parenting strategies that will help parents support their children to be the best version of themselves. Whole Child Health, aligned with the FBISD's Profile of a Graduate, is committed to supporting and developing the mental, behavioral, social, emotional, and physical health of all students in FBISD.

**Link:** [Healthy Minds & Healthy Habits: How to Support Your Child's Mental Health](#)

